



Rundown

Pediatric Advanced Life Support Courses (PALS)

Day 1

<u>Time</u>	<u>Programs</u>	<u>Instructor</u>
09:00 – 09:15	Welcome & Introduction	
09:15 – 09:20	Lesson 1 - PALS Course Overview (V) (5 min)	
09:20 – 09:30	Lesson 2 – Science of Pediatric Resuscitation (V) (10 min)	
09:30-10:30	Lesson 3-5 – Child & Infant High-Quality BLS Practice (V*& P) & BLS Testing (60 min) (ALL)	
10:30 – 10:45	Tea Break	
10:14– 11:00	Lesson 4 – CPR Coach and High-Performance Team (V) (15 min)	
11:00 - 12:00	Lesson 6 A&B – Overview of Systematic Approach; Secondary Assessment (V) (60 min) (2 groups)	
12:00 – 13:15	Lesson 7 A-C –Management of Respiratory Emergency (V); Respiratory Video Case Discussion (V); Learning Station: Airway Management (P) (75 min) (2 groups)	
13:15 – 14:15	Lunch	
14:15 – 15:30	Lesson 8 A-C –Management of Shock Emergency (V); Shock Video Case Discussion (V); Learning Station: Vascular Access (P) (75 min) (2 groups)	
15:30 – 15:45	Tea Break	
15:45 – 16:30	Lesson 9 A-C – Management of Arrhythmia Emergency (V); Arrhythmia Video Case Discussion (V); Learning Station: Rhythm Disturbance / Electrical Therapy (P) (75 min) (2 groups)	
16:30 – 16:45	Lesson 10 – Management of Post-Cardiac Arrest Care (V) (15 min)	
16:45 – 17:00	Q&A / Debriefing	

Ends of Day 1



American Heart Association (AHA)
Hong Kong College of Emergency Medicine (HKCEM)



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Day 2

<u>Time</u>	<u>Programs</u>	<u>Instructor</u>
09:00 – 09:15	Welcome	
09:15 – 10:30	Lesson 12 – Case Scenario Practice with Simulation (Respiratory Case) (75 min) (2 groups)	
10:30 – 10:45	Tea Break	
10:45 – 12:00	Lesson 12 - Case Scenario Practice with Simulation (Shock Case) (75 min) (2 groups)	
12:00 – 13:15	Lesson 12 - Case Scenario Practice with Simulation (Cardiac Case) (75 min) (2 groups)	
13:15 – 14:15	Lunch	
14:15 – 14:20	Course Summary and Testing Details	
14:20 – 15:15	Lesson 13 – Case Scenario Test 1 - Cardiac Cases (55 min) (2 groups)	
15:15 – 16:15	Lesson 13 – Case Scenario Test 2 – Respiratory/Shock Cases (60 min) (2 groups)	
16:15 – 17:15	Written Exam (60 min)	
17:15 – 17:30	Remediation	
17:30	Class Ends	

(V) – Video Assist teaching Lecture

(V*)- Video of BLS (child), Bag-Mask Device, AED, BLS (infant) & 2-Rescuer Infant CPR

(P) – Learning & practice