1. A 53-year-old alcoholic presents to the AED after an alcoholic binge with one-day history of vomiting, SOB and chest pain.

(1) What abnormality can be seen on his CXR (Fig.A)? (1 point) Answer: Left pleural effusion

(2) Given the pleural fluid analysis (Fig B), what is the likely diagnosis? (1 point)

Answer: Boerhaave's syndrome

(3) What radiological abnormalities should you look for in this condition? (4 points)

Answer: Subcutaneous emphysema

Pneumomediastinum Widen mediastinum Pleural effusion

(4) How will you confirm your diagnosis? (1 point) Answer: Gastrografin swallow

Fig. A



Fig.B Pleural fluid analysis

pH 6.0

Cell count 800 cells/mm³

Protein 1 g/L Amylase 800 U/L Gram stain Yeast ++

- 2. A man's thumb was accidentally cut by the needle of a "device" (Fig A), and then presents with thumb pain and numbness (Fig B).
- (1) What doe the device called? (1 point) Answer: Epi-pen
- (2) What does the device contain? (1 point) Answer: 0.3mg Epinephrine
- (3) How should you assess this patient? (2 points)

 Answer: Local capillary refill of the digit

 Systemic Blood pressure and pulse
- (4) What is the recommended treatment for this condition? (1 point) Answer: Phentolamine (up to 10ml of 1mg/ml) injected into ischaemic tissue or finger base near digital arteries
- (5) What is the alternative drug of choice if (4) is unavailable? Answer: Terbutaline

Fig A



Fig B



- 3. A 30-year-old man complains of right hand pain and swelling after being hit by a baseball.
- (1) What abnormalities can be seen on the XR (Fig A) (1 point)

 Answer: an oblique, intra-articular fracture of the 1st metacarpal base.
- (2) What is the diagnosis? (1 point) Answer: Bennett's fracture
- (3) What causes the associated subluxation/dislocation of the MCP joint? (1 point)

Answer: Abductor pollicis longus (APL) & abductor pollicis brevis (APB) pull the shaft of MC dorsally & radially

(4) What is the treatment for this condition? (1 point) Answer: Closed reduction and internal fixation

Fig A



- 4. A 3-year-old child has had diarrhoea and fever for one week. Her mother brings her to AED because the child is lethargic and irritable.
- (1) What are the abnormalities shown in the blood panel? (5 points)

Answer: 1. Hb low

- 2. Platelet low
- 3. Reticulocytosis
- 4. Urea elevated
- 5. Creat elevated
- (2) What does the blood smear show (Fig 2)? (2 points)

Answer: 1. Schistocytes

- 2. Spherocytes
- (3) Given the blood panel and smear result, what is the likely diagnosis? (1 point)

Answer: Haemolytic Uraemic Syndrome (HUS)

(4) What is the likely cause of the diarrhoea? (1 point) Enterohaemorrhagic E.Coli (O157:H7)

Fig A

Hb 8.8g/L	(13-17)
WBC $8.0 \times 10^9 / L$	(5.5-15.5)
Platelets 48 x 10 ⁹ /L	(150-400)
Reticulocyte 3.0 x 10 ⁹ /L	(0.0-1.0)
Neutrophils 5.1 x 10 ⁹ /L	(1.5-8.5)
Lymphocyte 2.1×10^9 /L	(2.0-8.0)
Eosinophil 0.5×10^9 /L	(0.02 - 0.65)
Monocyte 0.5×10^9 /L	(0.0-0.8)
Urea 35.2 mmol/L	(3.0-8.0)
Creat 0.32 mmol/L	(0.05-0.1)

Fig B



- 5. A 40-year-old woman, with known history of SLE, presents to AED with shortness of breath.
- (1) What abnormality can be seen on the ECG? (Fig A) (1 point) Answer: electrical alternans
- (2) What abnormalities can be seen on the echocardiograph? (Fig B) (2 points)

Answer: 1. Fluid in pericardial space

- 2. Collapse of right ventricle
- (3) What ultrasound finding is suggestive of tamponade? (Fig C) (1 point) Answer: Positive Sniff test IVC dilatation without inspiratory collapse
- (4) Name 3 commonest atraumatic cause of this condition. (3 points)

Answer: 1. Malignancy

- 2. TB
- 3. Uraemia

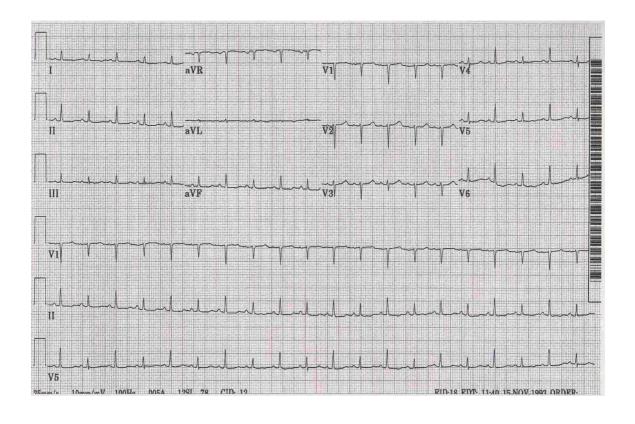


Fig. B

