OSCE Answer

Dr Chan Chi Ming Associate Consultant A&E, PMH

2nd July 2008

 How can you assess from the x-ray whether a reduction of Colles' fracture is satisfactory or not? (2 marks)

A: Reduction is not satisfactory if:

AP view: radial length > 5 mm displaced

Lat view: dorsal tilt > 10 degrees

Radial Length

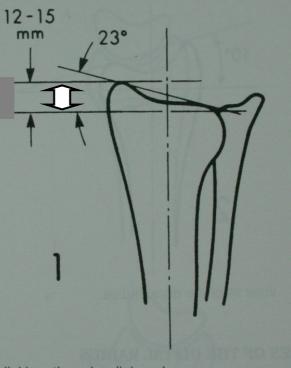
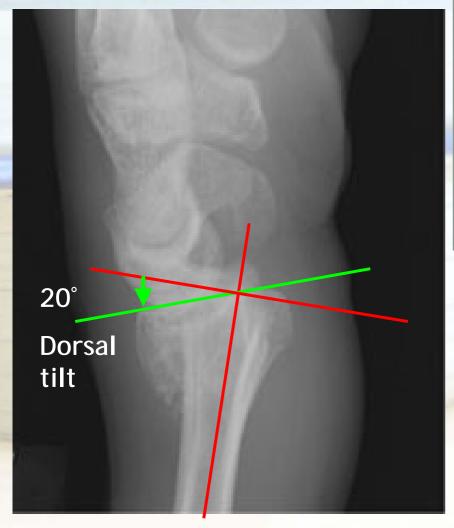
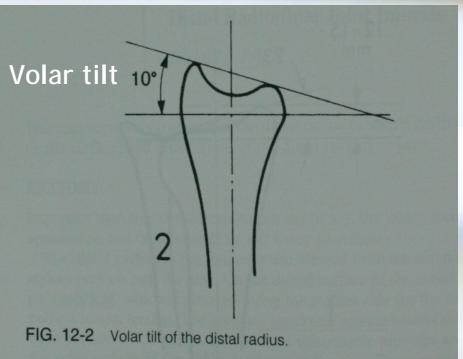


FIG. 12-1 Radial length and radial angle.





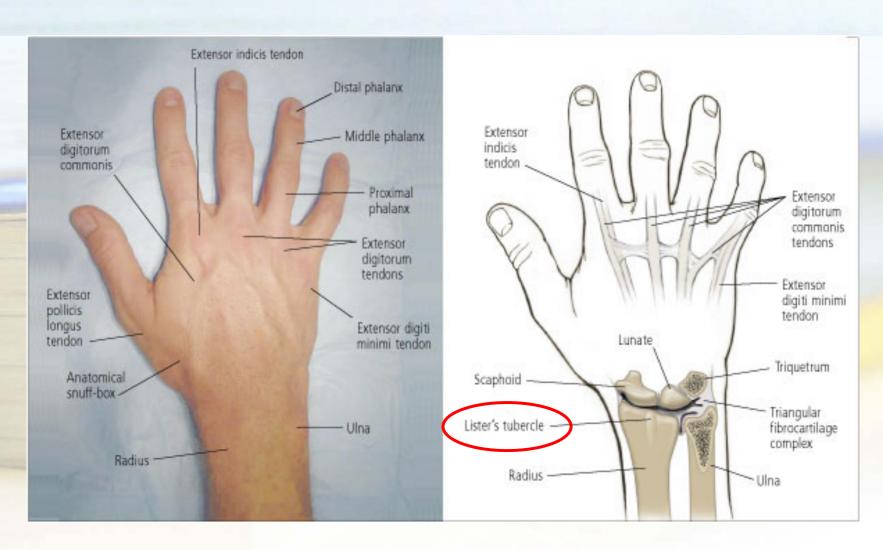


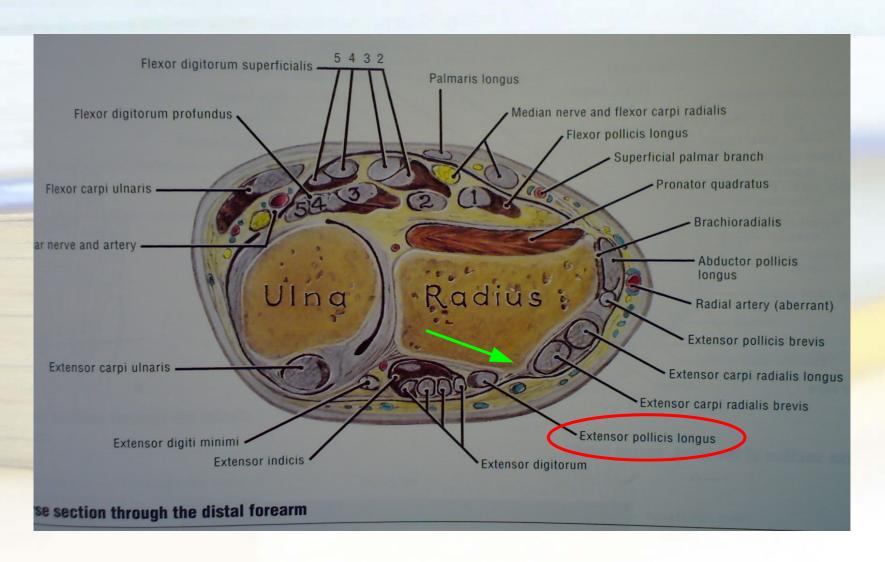
2. During follow-up for Colles' fracture, what movement of hand will you be specifically interested? (2 marks)

A: Extension of interphalangeal joint (IPJ) of thumb

- What are the cause & the underlying pathology?
 (3 marks)
- A: Delayed rupture of extensor pollicus longus (EPL) due to devascularization of the tendon near the Lister's tubercle by fracture of distal radius







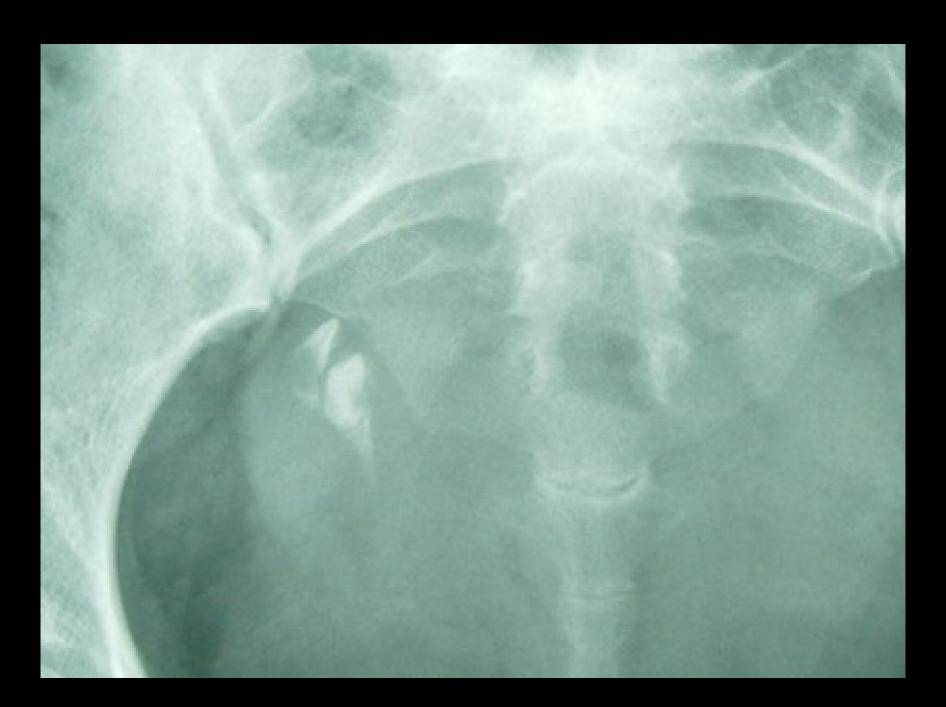
4. Name one etiology that may also result in same pathology. (2 marks)

A: Rheumatoid arthritis



 A 24 year-old lady complained of right abdominal pain for 1 week. AXR was taken.





- 1. What is the AXR abnormality? (1 mark)
- A: Two tooth-like radio-opacities over right pelvic region

- 2. What is your provisional diagnosis? (1 mark)
- A: Right teratoma

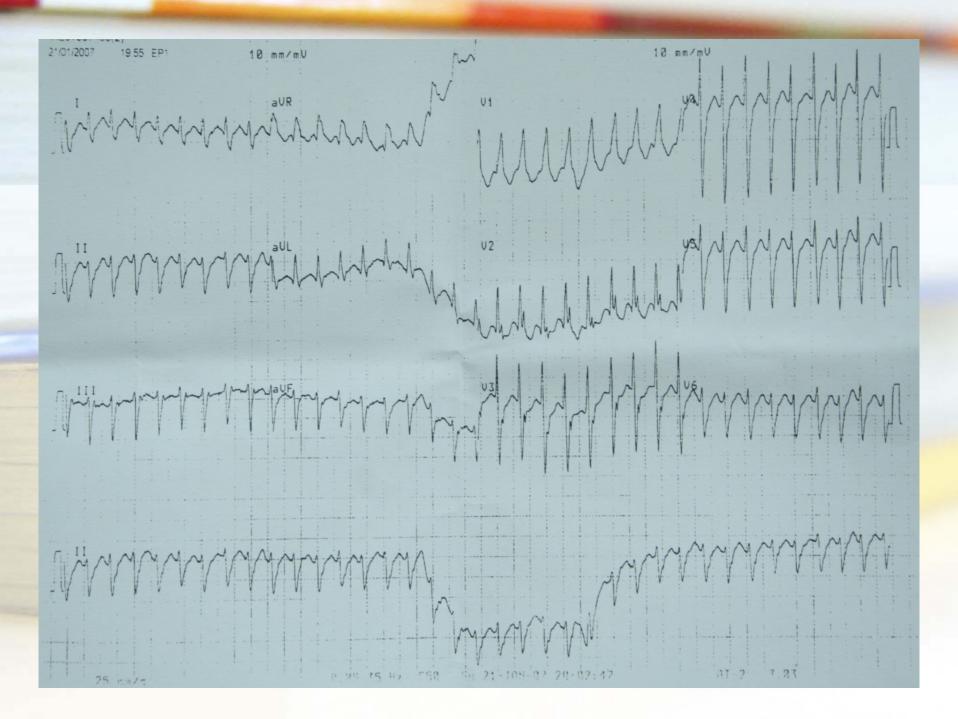
What other sites can this condition occur?
 (3 marks)

A: Mediastinum
Brain
Sacrococcyx
Sexual organs (ovary / testis)
Retroperitoneum

4. Name 3 complications that may occur in this patient. (3 marks)

A: Torsion (3.2-16%)
Rupture (1-4%)
Hemolytic anemia
Malignant degeneration (0.1-2%)

- A 23 year-old man had chest discomfort since yesterday. He did not have associated symptoms.
- BP 116/61, pulse 217/min
- SpO₂ 100%, RR 18/min
- ECG was done.



- 1. What are the ECG findings? (3 marks)
- A: Tachycardia with rate 210/min

 RBBB with QRS width about 120 msec

 Left axis deviation

- 2. What is your diagnosis? (2 marks)
- A: Fascicular ventricular tachycardia

Name one drug that is specifically useful for this condition. (2 marks)

A: Verapamil

Fascicular VT

Ventricular tachycardia with narrow QRS complexes (left posterior fascicular tachycardia).

Cohen HC, Gozo EG Jr, Pick A. Circulation. 1972;45:1035–1043.

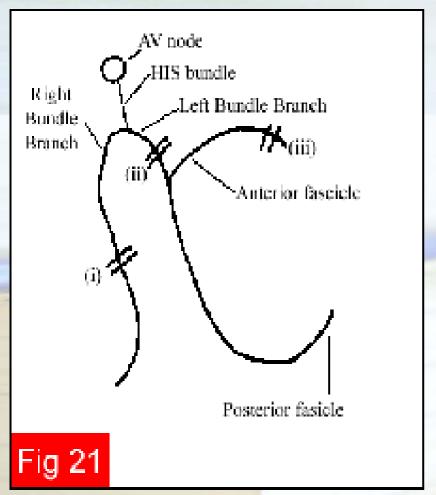
- First described by Cohen in 1972
- A distinct subgroup of idiopathic VT
- Easily confused with SVT with aberrant conduction & VT
- Also called ILVT (Idiopathic Left Ventricular Tachycardia)

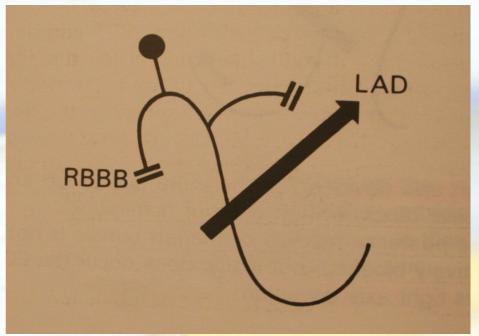
Fascicular VT

- Relatively narrow QRS 120-140 ms
- RBBB
- Re-entry / triggered automaticity

• 3 subtypes:

- 1. Left posterior fascicular VT (LAD) common
- 2. Left anterior fascicular VT (RAD) uncommon
- 3. Upper septal fascicular VT (normal axis) -rare

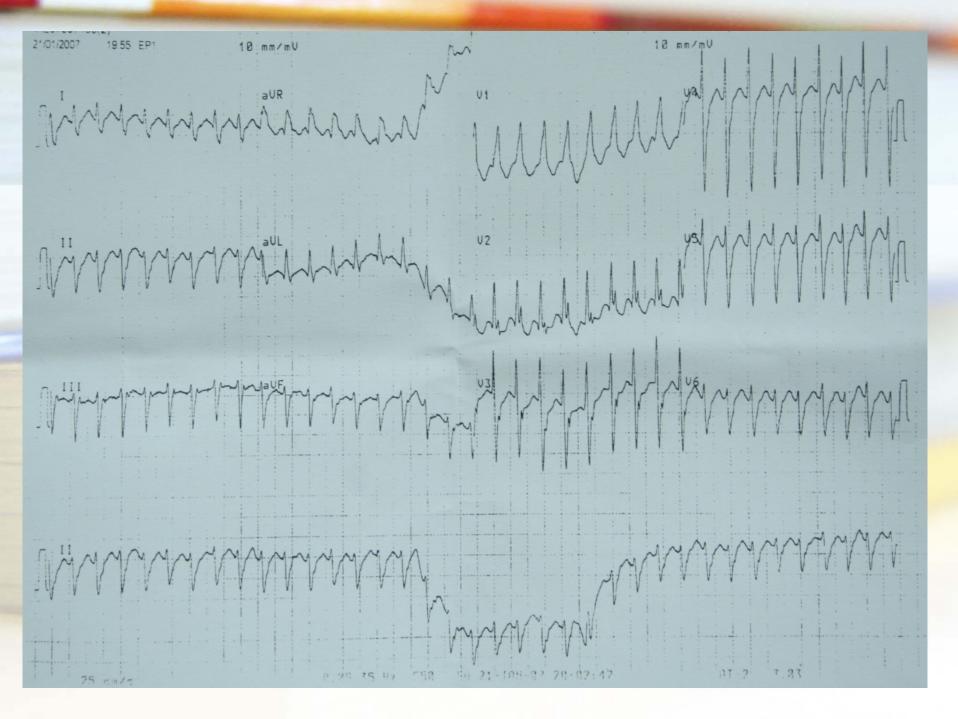




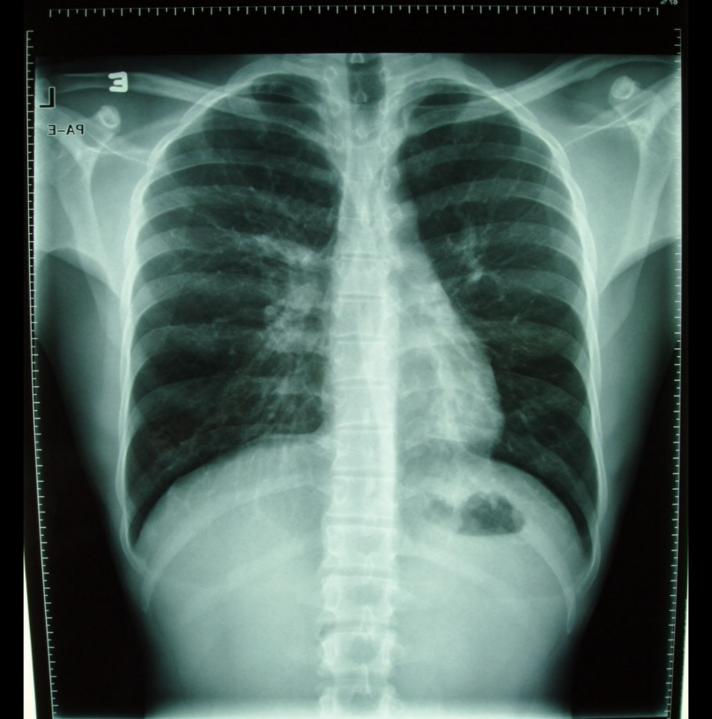
Left posterior fascicular VT (LAD)

Fascicular VT vs VT

- Structurally normal heart
- Not response to adenosine
- IV verapamil effective
- Radiofrequency ablation (90% cure rate)
- Prolonged -> reversible tachycardia-induced cardiomyopathy
- Sudden cardiac death unusual



A 22 year-old man had cough for 2 months.
 A CXR was taken & shown.



1. What are your findings? (2 marks)



- A: Situs inversus (NOT only dextrocardia)

 Bronchiectic changes (tram-lines) over left middle zone
- 2. What is your diagnosis? (2 marks)
- A: Kartagener syndrome

3. How is it inherited? (1 mark)

A: Autosomal recessive

- What is the pathophysiology of this condition? (1 mark)
- A: Primary ciliary dyskinesia PCD (not immobility as previously thought)

Name 3 complications for this condition. (3 marks)

A: Chronic sinusitis
Bronchiectasis
Infertility (M & F)

 A 25 year-old man was hit by others with fist resulting in right facial injury. This is the

photo.





- What physical signs can be seen in this photo? (3 marks)
- A: Impaired upward gaze on right side Right periorbital bruise Right subconjunctival haemorrhage
- 2. What is your clinical diagnosis? (2 marks)
- A: Fracture of right infraorbital floor with entrapment of inferior rectus muscle





- What other physical signs will you look for ?
 (3 marks)
- A: Loss of infraorbital sensation
 Rupture globe of right eye
 Other signs of basal skull fracture
 (Subcutaneous emphysema not so important as the others -> not affect management)

- 4. What is your management in A&E? (4 marks)
- A: Right eye shield

Prophylactic antibiotics (e.g. Augmentin) & analgesic

Radiology to confirm diagnosis (x-ray or CT Scan Orbit)

Consult ophthalmology for decompression of entrapped inferior rectus muscle

Thank you!

Any Questions?

References

- Cohen HC, Gozo EG Jr, Pick A. Ventricular tachycardia with narrow QRS complexes (left posterior fascicular tachycardia). *Circulation*. 1972;45:1035-1043.
- 2. http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=1501077
- 3. Emergency Diagnostic Test Manual HKSEMS p.18.
- 4. www.templejc.edu/dept/ems/documents/Present ations/2ndSemesterParamedic/Cardiology/WCTDifferential.ppt