



American Heart Association (AHA)
 Hong Kong College of Emergency Medicine (HKCEM)
Rundown (Instructor)



Pediatric Advanced Life Support Courses (PALS)

Day 1

<u>Time</u>	<u>Programs</u>	
09:00 – 09:15	Welcome & Introduction	
09:15 – 09:20	Lesson 1 - PALS Course Overview (V) (5 min)	
09:20 – 09:30	Lesson 2 – Science of Pediatric Resuscitation (V) (10 min)	
09:30– 09:45	Lesson 3 – CPR Coach and High – Performance Team (V) (15 min)	
09:45-10:30	Lesson 4 – Child & Infant High-Quality BLS (V*& P) & Testing (45 min)	Lesson 5 – Overview of Systematic Approach & Secondary Assessment (V) (45 min)
	Group A	Group B
10:30 – 10:45	Tea Break	
10:45-11:30	Lesson 4 – Child & Infant High-Quality BLS (V*& P) & Testing (45 min)	Lesson 5 – Overview of Systematic Approach & Secondary Assessment (V) (45 min)
	Group B	Group A
11:30 – 12:30	Lesson 6 –Management of Respiratory Emergency (V) / Respiratory Video Case Discussion (V) / Airway Management (P) (60 min)(2 groups)	
12:30 – 13:30	Lunch	
13:30 – 14:15	Lesson 7A –Management of Shock Emergency (V) / Shock Video Case Discussion (V) (45 min) (2 groups)	
14:15 – 14:45	Lesson 7B – Vascular Access (V & P) (30min) (2 groups)	
14:45 – 15:00	Tea Break	
15:00 – 15:30	Lesson 8A – Rhythm Disturbance / Electrical Therapy (P) (30 min) (2 groups)	
15:30 – 16:15	Lesson 8B – Management of Arrhythmia Emergency (V) / Arrhythmia Video Case Discussion (V) (45 min) (2 groups)	
16:15 – 16:30	Lesson 9 – Management of Post-Cardiac Arrest Care (V) (15 min)	
16:30 – 16:45	Q&A / Debriefing	

Ends of Day 1



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Day 2 (1th M 2021)

<u>Time</u>	<u>Programs</u>
09:00 – 09:15	Welcome
09:15 – 10:00	Lesson 10 – Case Scenario Practice with Simulation (Respiratory Case) <i>(45 min)</i> (2 groups)
10:00 – 10:45	Lesson 11 - Case Scenario Practice with Simulation (Shock Case) <i>(45 min)</i> (2 groups)
10:45 – 11:00	Tea Break
11:00 – 11:45	Lesson 12 - Case Scenario Practice with Simulation (Cardiac Case) <i>(45 min)</i> (2 groups)
11:45 – 12:30	Lesson 13 - Putting It All Together <i>(45 min)</i> (2 groups)
12:30 – 13:30	Lunch
13:30 – 13:35	Course Summary and Testing Details
13:35 – 14:30	Lesson 16 – Case Scenario Test 1 - Cardiac Cases <i>(55 min)</i> (2 groups)
14:30 – 15:30	Lesson 17 – Case Scenario Test 2 – Respiratory/Shock Cases <i>(60 min)</i> (2 groups)
15:30 – 16:30	Lesson 18 - PALS Written Test <i>(60 min)</i>
16:30 – 17:00	PALS Remediation
17:00	Course Ends

(V) – Video Assist teaching Lecture

(V)- Video of BLS (child), Bag-Mask Device, AED, BLS (infant) & 2-Rescuer Infant CPR*

(P) – Learning & practice