



Your well-being, we care



HONG KONG ACADEMY OF MEDICINE
香港醫學專科學院

Peer Support Scheme

a voluntary programme for Academy Fellows and specialist trainees to offer or find support through informal communication that may be beneficial to mental well-being

How does PSS work?

Our **Peer Supporters** are all keen Academy Fellows who have received dedicated training to offer support to peers on a voluntary basis.

A list of trained **Peer Supporters** will be published on the designated webpage "well-being.hkam.org.hk". Academy Fellows or specialist trainees who wish to seek support (Support Seekers) can connect with any **Peer Supporters** of own choice.

All conversations will be kept strictly confidential.

Enquiries : PSS@hkam.org.hk

Enroll as a Peer Supporter

<https://online.hkam.org.hk/learn/pss>



ASAP

well-being.hkam.org.hk
an approach to manage stress and avoid burnout

Promoting doctors' well-being Ensuring quality patient care



Mental Well-being Support in COVID-19 Surge for Emergency Doctors and Nurses

Due to the surge in COVID 19 infection and the flooding of A&E departments by infected patients, the frontline medical and nursing staff at A&E are experiencing unprecedented stress than ever. In view of this, the HKCEM, HKSEMS, HKCEN and HKENA jointly work with a group of voluntary clinical psychologists to provide psychosocial support to our members who are in need of help.

The service is free of charge and will run for six weeks. Any members in need of help can email their preferred contact method to health2022wellness@gmail.com and the clinical psychologist will contact you directly. Please be reassured all enquiries will be kept confidential.



Disclaimer:
Please note that by joining the service, the members agree that their provided contact method will be used by the clinical psychologist for contacting the member. It will only be used in this service and not for other means.

health2022wellness@gmail.com



College Activities:

Woman Fellows' Chapter Webinar - Guest talk by Psychiatrist Dr. Charlotte WONG

Topic: Mental health support to children during COVID-19 pandemic

Date: 16 March 2022 (Wed)



WOMAN FELLOWS' CHAPTER WEBINAR

GUEST TALK BY PSYCHIATRIST DR. CHARLOTTE WONG

Topic: Mental health support to children during COVID-19 pandemic

Date: 16 March 2022 (Wed)

Time: 5:30-6:30pm

CME/TP: 1 CME/ 1 Cat A TP

Target audience: HKCEM Trainees/Fellows (and their spouse/family members who are interested)

(中文講座)
面對不斷停課和復課令很多家庭難以應對
青少年少了很多和同伴一起的時間
少了和同學互動及交際時間
青少年容易#焦慮 #抑鬱
疫情之下多了一些不開心的家長和孩子
怎樣幫助孩子在疫情之中健康成長?

Geriatric EM Grand Round on 25 March 2022

The Geriatric Emergency Medicine Grand Round was successfully launched on 25/3/2022 through online platform. This event was well received by the audience with around 130 participants.

Dr LT Chan had shared with us the clinical pearls and tips on managing elderly patients suffering from Parkinson's disease. It was followed by Dr Jessica Lau, who had reviewed the GEM service model in NLTH A&E. They provided comprehensive Geriatric assessment for the frail elderly, which demonstrated it was effective in taking care of these vulnerable patients attending the Emergency Department. Lastly, Ms Elsa Wong talked about her experience in managing fall patients at Emergency Department from the perspective of an Occupational Therapist. The approach by focused assessment on functional and cognitive domain helps to expedite the recovery and safely discharge the patient back to the community.

- Dr Patrick Leung,
Chairman of HKCEM Geriatric EM Subcommittee

Geriatric Emergency Medicine Subcommittee Grand Round

Date: 25 March 2022 (Friday)

Time: 17:30 to 19:30

ED Presentations

by PD → outpatient setting
ease progress → ED visits

Common scenarios:

- Motor "off" periods with immobility
- Involuntary movements (dyskinesias)
- Psychosis
- Acute confusion
- Pain & Panic
- Aspiration, Dysphagia, etc

Occupational Therapy Service in Geriatric Emergency Medicine

25 March 2022 - Dr. Wong Mei Lan, Occupational Therapist, NLTH

GEM in NLTH A&E

- Ageing population is a reality
- Higher complexity and atypical presentation of geriatric patients
- ED Fast-paced decision making may lead to unnecessary medical admission or discharge with re-attendance
- EMU is the only acute inpatient service in NLTH



Upcoming events:

Joint Clinical Meeting and Didactic Lecture on 6 Apr 2022

Time: 5:30pm – 7:30pm
 Format: Zoom
 Meeting ID: 896 1393 9259
 Password: 526072

Program:

5:30pm - 6:15pm Case Presentation by AED NLTH
 6:15pm - 7:00pm “Considerations when taking care of intubated patients inside the HBO Chamber”
 Dr. YAN Wing-wa, ICU PYNEH
 7:00pm - 7:30pm Discussion on OSCE by AED TMH

Webinar on Emergency Medicine Education in Asia 2022

Date: 9 July 2022 (Sat)
 Time: 14:00 – 17:00 (GMT+8)
 Mode: by ZOOM

14:00 – 14:10	Opening Remarks	Dr. Axel SIU (President, ASEM)
14:10 – 14:30	EM Education Across Asia – Medical Students	Prof. T V RAMAKRISHNAN (SEMI)
14:30 – 14:50	EM Education Across Asia – EM Residents	Dr. Yu-Che CHANG (TSEM)
14:50 – 15:10	Challenges in EM Education	Prof. Colin GRAHAM (CUHK)
15:10 – 15:30	Educator in EM	Prof. THAM Kum Ying (SEMS)
15:30 – 15:50	Road Forwards in EM Education	Prof. Tim RAINER (HKU)
15:50 – 16:15	International EM Education Project	Prof. Arif Alper CEVIK (Founder and Director of iEM, ESEM, EMAT, UAEU)
16:15 – 16:55	Panel Discussion	Moderators Dr. Kevin HUNG (CUHK) Dr. Rex LAM (HKU)
16:55 – 17:00	Closing	Dr. Axel SIU

Enquiry: asiansocietyem@gmail.com



WEBINAR
on Emergency Medicine Education in Asia
2022

Co-organized by:
Asian Society for Emergency Medicine
International Emergency Medicine Education Project

Agenda:

14:00 – 14:10	Opening Remarks	Dr. Axel SIU (President, ASEM)
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Zoom Webinar link QR code

Zoom hyperlink
<https://us02web.zoom.us/j/85193079989?pwd=SU1YQXZKOW9kbkZaYU9uVjZCOWFhdz09>

Saturday 9 July 2022 2PM-5PM (GMT+8)

CONTACT
asiansocietyem@gmail.com

Hyperkalemia: Best Practice in Emergency Care & Intensive Care

Date: 28 April 2022
 Time: 19:30 - 20:30
 Speaker: Prof. W. Frank Peacock
 Moderator: Dr. TSUI Sik Hon

https://us02web.zoom.us/webinar/register/WN_NuIxJHFUQ5yvkqmmTE57kg

Symposium Will Be Streaming LIVE via Zoom

WEBINAR REGISTRATION

Scan QR code or click [here](#) to register

Please respond before 27 April 2022.

Please contact for enquiries: Email: events@omnipres.com Tel: (852) 3614 6274



Hyperkalemia: BEST PRACTICE IN EMERGENCY CARE AND INTENSIVE CARE

Date: 28 April 2022 (Thurs) Time: 19:30 – 20:30
 Speaker: Prof. W. Frank PEACOCK Moderator: Dr. TSUI Sik Hon

19:25 – 19:30 Login
 19:30 – 19:35 Opening Remarks
 19:35 – 20:10 Keynote Lecture
 20:10 – 20:30 Q & A

WEBINAR REGISTRATION
Scan QR code or click [here](#) to register. Please respond before 27 April 2022.

