

ALSO (HK) Provider Course Schedule:

Pre-recorded Lectures and Case Discussions

PPH and Advanced PPH treatment
Caesarean section and Perimortem CS
Maternal Resuscitation
Neonatal resuscitation
Hypertensive Disorders of Pregnancy
Venous Thromboembolism in pregnancy
Cardiac Diseases in Pregnancy
Intrapartum Fetal Surveillance/ Labor Dystocia
Shoulder Dystocia
Malpresentations and Cord Prolapse
Preterm Labour and Late Pregnancy Bleeding
Early pregnancy complications & Diagnostic USG
Maternal Sepsis
Safety in Maternity Care
Forceps and vacuum

The new format follows the blended courses run by the AAPF since 2020. Participants are strongly encouraged to go through the ALSO manual, as well as all the pre-recorded lectures and Case Discussions before they attend the one-day physical course.

One Day Physical Course

Time

08:20 – 08:30	Registration
08:30 – 08:40	Briefing
08:40 – 11:10	Workstations 1-3 Forceps and Vacuum Maternal Resuscitation +Perimortem CS Malpresentations + Cord prolapse
11:10 – 11:30	Break
11:30 – 13:30	Workstations 4-6 Shoulder dystocia Postpartum Haemorrhage Neonatal Resuscitation
13:30 – 14:30	Lunch
14:30 – 15:00	Self practice and Revision
15:00 – 16:30	Written Examination and Practical assessment

ALSO (Hong Kong) Venue

Hong Kong St John Ambulance Headquarters
St John Towers
2 MacDonnell Road, Central
Hong Kong

Teaching Media

English

ALSO (HK) Course Registration Form

Name in English: _____

Name in Chinese: _____ Title: Prof/Dr/Mr/Ms/Miss

Corresponding Address: _____

Post: _____

Hospital: _____

Department: _____

Tel No: _____ Mobile: _____

Fax No: _____ E-Mail: _____

- PC on 20 April 2026 (Monday)
 PC on 21 April 2026 (Tuesday)
 PC on 21 April 2026 (Tuesday)
 PC on 23 April 2026 (Thursday)
 PC on 24 April 2026 (Friday)

I am enclosing a cheque no. _____, of

_____ Bank totalling HK\$ 3,500.

Please make cheque payable to "Hong Kong College of Emergency Medicine"

Signature: _____

Date: _____

DEADLINE FOR APPLICATION is 13th February 2026.

All applications and fees must be sent to the following address:

Miss Winnie Choi, Secretary,
The Hong Kong College of Obstetricians and Gynaecologists,
Room 805, 8/F., HKAM Jockey Club Building,
99 Wong Chuk Hang Road, Aberdeen, Hong Kong

CANCELLATION must be made in writing before 27th February 2026 for 50% of course fee refund. Claim for refund will not be entertained after the said date. In the event of course cancellation, the full fee will be refunded.

For enquiry, please contact Miss Winnie Choi at 2871-8700.

* Please delete as appropriate.

ALSO (HK) Provider Course

The ALSO® Provider Course is an educational program designed for maternity care professionals including physicians, midwives, nurses and other healthcare providers to enhance the cognitive and procedural skills of managing obstetrical emergencies.

Course Objectives:

At the completion of the provider course, the participant should be able to:

- Discuss ways of improving the management of obstetrical urgencies and emergencies which may help standardize the skills of practicing maternity care providers.
- Discuss the importance of utilizing regional maternity care services and identify possible barriers which might limit access
- Successfully complete the course written test and practical assessment station

Topics highlighted in the Course:

- First Trimester Complications
- Vaginal Bleeding in Late Pregnancy
- Preterm Labor/ Premature Rupture of Membranes
- Safety in Maternity Care
- Pre-eclampsia and Eclampsia
- Venous Thrombosis and Pulmonary Embolization
- Neonatal Resuscitation
- Postpartum Hemorrhage and Advanced PPH Treatment
- Maternal Resuscitation
- Intrapartum Fetal Surveillance and Labour Dystocia
- Shoulder Dystocia
- Malpresentations
- Maternal Sepsis
- Cardiac Diseases in Pregnancy
- Cord Prolapse
- Caesarean Delivery and Perimortem CS
- Diagnostic Ultrasound
- Forceps and vacuum delivery

The ALSO® Provider Course consists of required syllabus reading, lectures and hands on workshops. Evaluation is by written examination and a skills assessment testing station.



Advanced Life Support in Obstetrics® (Hong Kong)

ALSO® is an educational program owned by the **American Academy of Family Physicians** and designed primarily for maternity care providers, including doctors, nurses, and midwives.

Provider Course – Physical Course (One Day)

- 20 April 2026 Monday
- 21 April 2026 Tuesday
- 22 April 2026 Wednesday
- 23 April 2026 Thursday
- 24 April 2026 Friday

ALSO (Hong Kong) is organized by



**Hong Kong College of Emergency Medicine &
The Hong Kong College of Obstetricians & Gynaecologists**

ALSO® History and Development

The Advanced Life Support in Obstetrics® (ALSO®) was developed in 1991 by the University of Wisconsin. ALSO® has continued since 1993 under the ownership and leadership of the American Academy of Family Physicians (AAFP).

The new blended ALSO program consists of pre-recorded lectures and case discussions that the participant can study according to his/her schedule, followed by a one-day physical course that include practical workstations, as well as the written and practical assessment.

The Provider Course is designed to assist healthcare professionals in developing and maintaining the knowledge and skills needed to effectively manage the emergencies which arise in obstetrics.

The AAFP believes that by providing for the program's continued development and management, the patient will ultimately benefit from a more standardized, coordinated, collegial provision of maternity care throughout the world.

ALSO® Overall Goals:

- Assist maternity care providers in developing and maintaining the knowledge and skill needed to effectively manage problems which may arise in obstetrics.
- Provide widely disseminated educational courses, presented by local faculty in their own communities, that can help standardize emergency obstetrical procedures.
- Facilitate productive, collegial interaction and coordination of care between all maternity care providers.

Course Disclaimer

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the faculty which may be helpful to others who face similar situations.